# The Revised Field Triage Criteria: How Will the New Changes Affect What You Do?

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# Background

- Injury is the leading killer for US citizens aged 1 to 44.
- Prehospital emergency medical services can have profound effects on the care of the injured and their outcome.
- At the injury scene, EMS providers must not only determine the severity of injury and initiate medical management, but also identify the most appropriate transport destination facility through a process called FIELD TRIAGE.
- The destination is important: severely injured patients have a 25% lower risk of death if they are treated at a Level 1 trauma center rather than a non-trauma center.

# **Prehospital Injury Care**

- 15,000 EMS systems in US
- 800,000 EMS providers
- 16.6 million transport calls (6.5 million for injury)

TRIAGE: matches an injured patient with the appropriate facility for his or her injuries

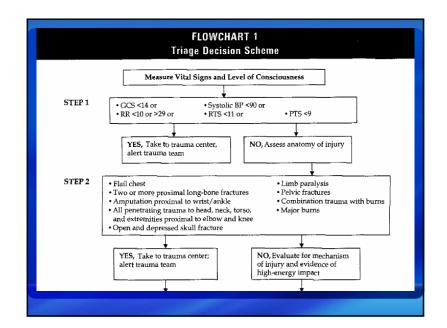
# **Triage Protocols**

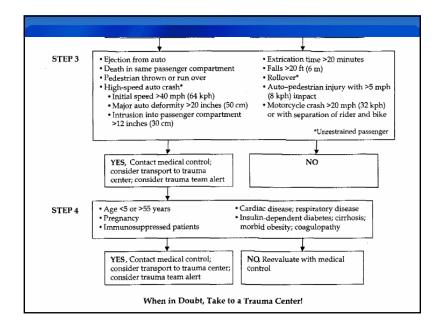
• **1987** Field Triage Decision Scheme published by the American College of Surgeons in <u>Hospital and</u> <u>Prehospital Resources for Optimal Care of the Injured</u> <u>Patient</u>.

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- 4 Steps
  - Physiologic
  - Anatomic
  - Mechanism of Injury
  - Special Considerations
- **1990** Revised by ACS COT
- 1993 Revised by ACS COT
- 1999 Revised by ACS COT

|        | FLOWCHART 1<br>Triage Decision Scheme   |  |
|--------|---|--|
|        | Measure Vital Signs and Level of Consciousness  |  |
| STEP 1 | CCS <14 or         • Systolic BP <90 or         • RTS <10 or >29 or         • RTS <11 or         • PTS <9   |  |
|        | YES, Take to trauma center,<br>alert traume team  |  |
| STEP 2 | Fluit chest     Thus or more proximal long-borne instrumes     Thus or more proximal long-borne instrumes     Thus or more proximal long-borne instrumes     Combation transmas with burne     and creational set of the set of th |  |
|        | YES, Take to trauma conter;<br>alert trauma team<br>bigh-mergy impact   |  |
| STUP3  | Elastication from anto     Evalution     Evalutio |  |
|        | YES, Contact medical control<br>consider transport to trauma<br>center: consider transport to trauma  |  |
| STEP 4 | Age 45 or 265 years     Forgancy     Inmunosuppressed patients     mortid obesity; coapulopathy   |  |
|        | YES, Contact medical control;<br>consider transport to rauma center;<br>consider trauma team alert  |  |
|        | When in Doubt, Take to a Trauma Center!   |  |







### **Background to 2006 Revision**

- Trauma and EMS systems were less developed when the ACS-COT field triage criteria were last revised in 1999.
- There are increasing demands on EMS and medical centers to improve coordination and optimally utilize available resources.
- Need to balance needs of highly populated urban centers with advanced trauma systems with those of rural communities with limited capabilities and resources.
- Changes to the field triage criteria affects policy and many parties (therefore many local, state and federal agencies).
- Homeland security

#### Issues

- Big developed systems like increased central control at the cost of local autonomy (lots of expensive helicopters to pay for vs. too many patients)
- Transfer to trauma systems put a large burden on rural communities and rural EMS systems
- Some medical centers want to get out of taking care of trauma patients
- · Centralized medical control vs. field judgment

These issues all depend on the locale

#### **Process**

- Gather representatives from involved governmental agencies, professional societies, practitioners and experts.
- Put them in a room and examine all their perspectives, issues and needs.
- May 2005 full panel
- November 2006 small working group

### **National Expert Panel on Field Triage**

#### • <u>CDC</u>

- Richard C. Hunt, MD, FACEP
- Director, Division of Injury and Disability Outcomes and Programs (DIDOP) Ileana Arias, Ph.D.
- Acting Director , National Center for Injury Prevention and Control (NCIPC)
- John Seggerson, Bob Bailey .....
- Health Resources and Services Administration (HRSA)
  - CDR Cheryl Anderson
    - Director, Trauma-EMS Program
- National Highway Traffic Safety Administration (NHTSA)
  - Drew E. Dawson,Chief, EMS Division
- American College of Surgeons Committee on Trauma
   Gregory J. Jurkovich, MD, FACS
  - Professor of Surgery, Harborview Medical Center
  - ACS-Committee on Trauma, Vice Chair

### **National Expert Panel on Field Triage**

- Robert L. Galli, MD
   Chair of Emergency Medicine, Univ Mississippi
   Executive Director of TelEmergency
   Massachusetts Ger

- Production Mill SP
   Professor of Emergency Medicine, Thomas Jefferson Univ.
   F. Brooke Lerner, PhD
- E. Brooke Leriner, PhD
   Assistant Professor of Emergency Medicine
   Assistant Professor of Emergency Medicine
   Chief, North Carolina Office of Emergency Medical Services
   Chief, North Carolina Office of Emergency Medical Services
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   Stewart C. Wang, MD, PhD, FACS
   Director, Program for Children Seatter
   Conversion Sector Consultation Committee
   Director (Sector Consultation Consut

- Robert C. MacKersie, MD, FACS
   Professor of Surgary, UCSF
   ACS-COT
   William Ball
   Vice President, Public Policy
   OnStar
   Robert R. Bass, MD, FACEP
   Decident MSCHED
   Conductor MSCHED
  - President NASEMSD Children's National Medical Center Executive Director, Maryland Institute for EMS Systems Daniel G. Hankins, MD Mayo Medical Transport, Emergency Medicine
- Chair of Emergency Medicine, Univ Mississippi
   Executive Director of Tellemergency
   Jerris R, Hedges, MD, MS
   Chair, Emergency Medicine
   Orgoon Health & Science University
   Mark C, Henry, MD
   Chair of Emergency Medicine, Story Brook University
   Chair of Emergency Medicine, Story Brook University
   Former NY State Director of EMS
   American Hospital Emergency Services
   Jerris R, Hedges, MD, MS
   Alassadir Conn, MD
   Anassachusetts General Hospital Emergency Services
   Jerris R, Hedges, MD, MS
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   Jerris R, Hedges, MD, MS
   Science Java Memorial
   Associate Director for Policy Development
   American Hospital Association
- Former NY State Director of EMS
   American Hospital Association
   Area Manager, Rual Metro
   Area Manager, Rual Metro
   Robert O'Connor, MD, MPH, FACEP
   President NAMESP
   President NAMESP
   President NAMESP
   MISC Dent of Support
   MISC Dent of Support

  - Director, Program for Injury Research and Education
     University of Michigan Health Systems

#### Process

- 1. Discussed background for need to change field triage criteria
- 2. Reviewed existing data regarding utility of current criteria
- 3. Outlined proposed changes to field triage criteria
- 4. Obtained input regarding what support and materials are needed to facilitate EMS adoption of the new criteria

### **Positive Predictive Value (PPV)**

• is the proportion of people with a positive test who have the condition.

# Consensus target: 20% PPV

# **Evaluation of the ACS Criteria**

| <ul> <li>Norcross 1995 –patients<br/>transported by ground EMS</li> </ul> | N=753  | Sensitivity | PPV |
|---|--|-------------|-----|
| directly to the trauma center<br>• EMS completed survey on                | Physiologic Criteria                                 | 65%         | 42% |
| ACS criteria<br>• Severe trauma defined as                                | Anatomic Criteria                                    | 45%         | 22% |
| ISS>15  | Physiologic and<br>Anatomic                          | 83%         | 27% |
|   | Mechanism of injury                                  | 54%         | 16% |
|   | Physiologic,<br>Anatomic, and<br>Mechanism of injury | 95%         | 18% |
|   |  |             |     |

# Panel Consensus re 1999 Triage Scheme

- Physiologic Criteria (Step 1): no changes needed
- Anatomic Criteria (Step 2): minor additions only
- Mechanisms Criteria (Step 3): major changes needed
- Age/Comorbidities (Step 4): much more information needed

No Consensus: Recommended action if criteria met

# **Data Review**

~250 publications, trauma registries, NASS, CIREN, etc...



|                      |  | FIELD TRIAGE DECISION SCE<br>Messure vital signs and level of concionances  | IEME  |
|----------------------|--|---|---|
|                      | Step One   | Gaugew Coma Scale - 14-or<br>Syndic blood persone - 40-or<br>Raspacency care - 40-or >39 (<20 in adout < our year)  |   |
|                      |  | Te  | No  |
|                      | Take to a travena or<br>These pottents wood<br>system. | erer. Steps 1 and 2 attempt to identify the most secondly asjued patients.<br>If he transported preferentially to the highest level of care within the transma  | Amen matomy of<br>injury  |
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|                      |  | Tes   | No  |
|                      | Transport to closest<br>system, need not be            | appropriate transa center which, depending on the transa<br>the highest level transa center.  | Assess special patient or<br>system considerations                  |
|                      | Step Four  | Age     Older Adalts: Rak of nearly desh accesses after age     Older Adalts: Shak of nearly professional accesses after age     occurs and inclusing descriptions of the star of the | -capable toxena centers   |
|                      |  | Tn  | No  |
|                      | Contact medical co                                     | ited and coulder transport to transis center or a specific resource hospital.   | Transport according to proto-                                       |

|  | FIE   | LD TRIAGE DECISION SC  | HEME                        |
|--|---|--|-----------------------------|
|  | N   | Measure vital signs and level of consciousness   |                             |
| Step One   | Glasgow Coma Scale<br>Systolic blood pressure<br>Respiratory rate         | <14 or<br><90 or<br><10 or >29 (<20 in infant < one year)                                      | No                          |
| Take to a trauma<br>These patients we<br>system. | center. Steps 1 and 2 attempt to id<br>ould be transported preferentially | dentify the most seriously injured patients.<br>to the highest level of care within the trauma | Assess anatomy of<br>injury |

### Step 1 - Physiology

- Measure vital signs and level of consciousness
  - Glasgow Coma Scale <14
  - Systolic blood pressure <90</li>
  - Respiratory rate <10 or >29 (<20 in infant < one year)
- If YES Take to a trauma center. Steps 1 and 2 attempt to identify the most seriously injured patients. These patients would be transported preferentially to the highest level of care within the trauma system.
- If NO Assess anatomy of injury

# Step 2 - Anatomy

- All penetrating injuries to head, neck, torso, and extremities proximal to elbow and knee
- Flail chest
- Two or more proximal long-bone fractures
- Crush, degloved or mangled extremity
- Amputation proximal to wrist and ankle
- Pelvic fractures
- Open or depressed skull fracture
- Paralysis

•If YES Take to a trauma center. Steps 1 and 2 attempt to identify the most seriously injured patients. These patients would be transported preferentially to the highest level of care within the trauma system.

# Step 3 Mechanism of Injury

- Falls
  - Adults: > 20 ft. (one story is equal to 10 ft.)
  - Children: > 10 ft. or 2-3 times the height of the child
- High-risk auto crash
  - Intrusion: > 12 in. occupant site; > 18 in. any site
  - Ejection (partial or complete) from automobile
  - Death in same passenger compartment
  - Vehicle telemetry data consistent with high risk of injury
- Auto v. pedestrian/ bicyclist thrown, run over, or with significant (>20 mph) impact
- Motorcycle crash > 20 mph (with or without separation)

If YES Transport to closest appropriate trauma center which, depending on the trauma system, need not be the highest level trauma center.

# **Special Considerations**

- Age
  - Older Adults: Risk of injury death increases after age 55
  - Children: Should be triaged preferentially to pediatric-capable trauma centers
- Anticoagulation and bleeding disorders
- Burns
  - Without other trauma mechanism: Triage to burn facility
  - With trauma mechanism: Triage to trauma center
- Time sensitive extremity injury
- End-stage renal disease requiring dialysis
- Pregnancy > 20 weeks
- EMS provider judgment

If YES Contact medical control and consider transport to trauma center or a specific resource hospital.

# **Bottom Line**

#### WHEN IN DOUBT, TRANSPORT TO A TRAUMA CENTER.

# Summary of 2006 Changes to Triage Scheme

- Minimal changes to Step 1 (Physiologic)
- Minimal changes to Step 2 (Anatomic)
- Substantial changes to Step 3 (Mechanism of Injury)
  - Change from High-speed to High-risk crash
    - Vehicle telemetry criterion added
    - Initial speed and major deformity removed
    - Intrusion criterion changed
    - Rollover criterion removed
    - Extrication time criterion removed
  - Fall height criterion decreased for kids
- Moderate changes to Step 4 (Special Considerations)
  - Burn criterion moved here from Step 2
  - Co-morbidities removed except anticoagulation/bleeding disorder
  - Dialysis, time sensitive injury, paramedic judgment added
  - Pregnancy criterion refined to > 20 weeks

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# **Mechanism Criterion**

#### Initial Speed > 40 MPH









# Deformation is OUT - Intrusion is IN

•It is important to understand the difference between external vehicle DEFORMATION (or crush) and INTRUSION (displacement of components within the vehicle passenger compartment).

•Changes in vehicle design and construction (e.g. crush zones) have affected the association between observed vehicle deformity and risk of severe injury

•Newer vehicle are designed to crush externally and absorb energy so as to protect passenger compartment integrity and the

•Newer vehicles experience more crush but less intrusion in frontal crashes.

CRITERION: Intrusion > 12 in. occupant site; > 18 in. any site





# Stu's '2 FOOT' rule of thumb

2 ft -- seat width2 ft -- SW to seatback2 ft -- seat to toepan

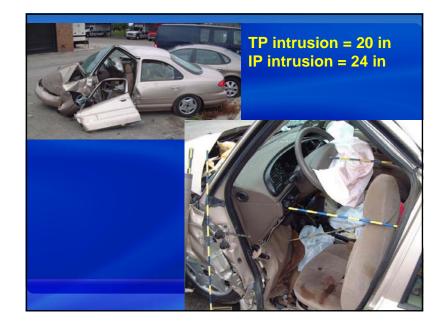
A clipboard is approximately 1 foot long

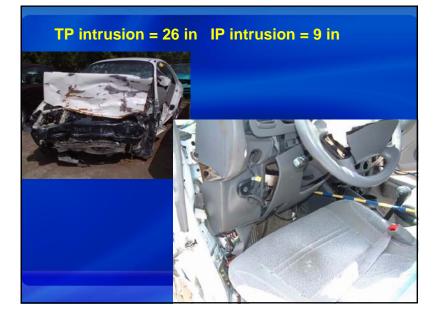
















# **Door intrusion = 16 in**





# **Door intrusion = 19 in**







# Door intrusion in LF = 47 cm (19 in)





# Roof intrusion in all 3 front seats = 50 cm (20 in)



Roof intrusion over DR = 35 cm (14 in) Roof intrusion over LR cargo area = 53 cm (21 in)



# Roof intrusion over DR = 34 cm (13 in)



# Roof intrusion over LR = 31 cm (12 in)



### Roof intrusion over DR = 37 cm (15 in) Roof intrusion over RF= 33 cm (13 in)



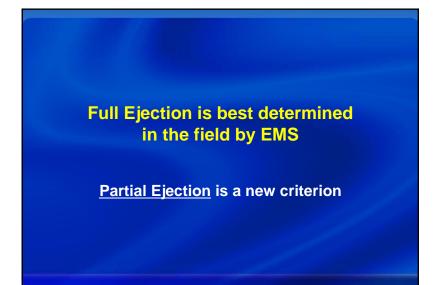
Roof intrusion over entire 1st/2nd row = 58 cm (23in)



# Rollovers: A very dangerous crash type







Typical wounds in un-ejected occupants: abrasions and contusions



Typical wounds in un-ejected occupants: abrasions and contusions





Typical wounds in un-ejected occupants: abrasions and contusions





# Typical wounds in un-ejected occupants: abrasions and contusions



Characteristic of partially ejected occupants: complex lacerations and "road rash"





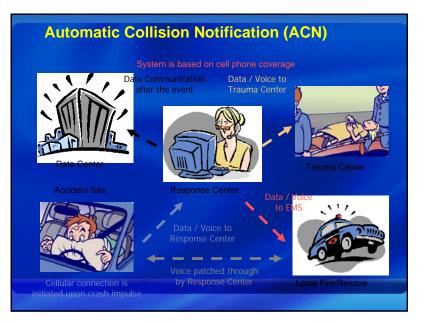
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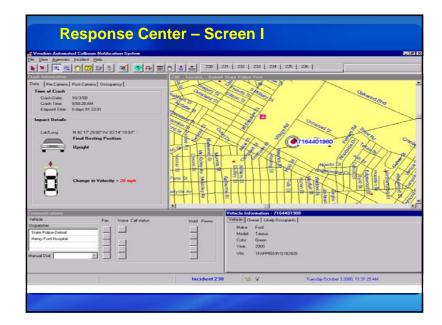


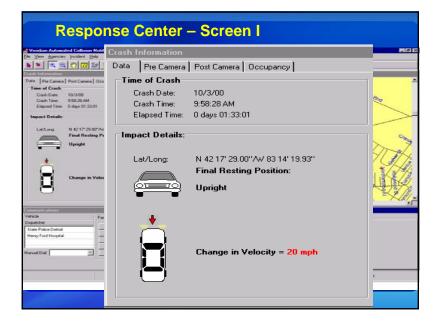


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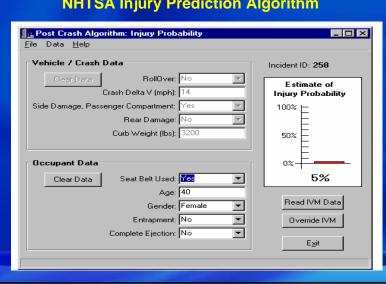




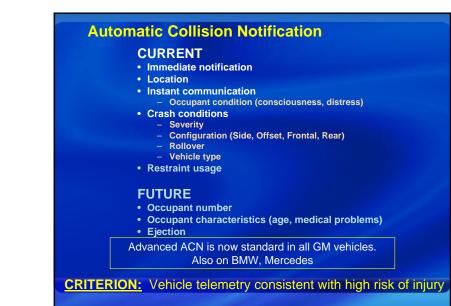








# **NHTSA Injury Prediction Algorithm**



### Summary

- The Field Triage Decision Scheme was revised with input from multiple federal agencies, professional organizations and experts.
- Great effort was made to preserve a local system's flexibility and ability to make maximal optimal use of available resources
  - Toolkit being produced with detailed risk charts to allow local calibration of EMS response and transport protocols
- The revision will require local protocol changes and training
  - Educational materials being prepared by CDC
  - Vehicle crash response educational materials at www.crashedu.org

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